

### WELCOME - President Dr. Chancy Moll & Vice President Mr. Duglas J. Watsun

We are very pleased to announce the arrival of our TTEA Newsletter long in coming but finally here. This newsletter will serve in part to communicate pertinent information from the Executive Committee in a bid to promoting greater transparency through monthly updates, but more than that we hope it will serve to bring us all closer together through greater sharing of knowledge and hopefully inspire increased participation amongst our membership. You can look forward to a series of updates as well as useful information and entertainment. Very important to note is that we would appreciate contributions from the membership. We would like to thank Mrs Simone Hill our dynamic PRO and our extremely talented and helpful Michelle Sabga-Aboud for managing and overseeing this exciting



66

### NO HOUR OF LIFE IS WASTED THAT IS SPENT IN THE SADDLE

- Winston Churchill

99



# A DAY IN THE LIFE OF AMBER THOMPSON

17 year old Amber Thompson normally starts her day off at 6:30AM, by riding her horse Cassius CKS - who is a 12 year old warmblood from the United States - and then follows a 5 hour day at school. Cassius has competed up to the Advanced Level with her in dressage and jumped up to 1.20, successfully. Amber says he is a horse who is always willing to do what he is asked and to his best potential, and you can tell that he truly loves what he does. In her words, "He is the most perfect horse in the world."

Amber has also spent a year abroad training with Ian Millar also know as "Captain Canada" in which she says that she not only learnt about horses but a lot of life changing experiences and lessons. Unfortunately, Amber will have to cut back on the riding when she goes abroad to school in September but she knows riding is her passion and that she will always find a way back to it.



### **AGM SUMMARY**

Date: June 4th 2016

Our Annual General Meeting took place on the 4th June at Jericho Stables. We would like to send out a huge thankyou to Luisa Chapman for letting us use her facility for our meeting. The following persons were given Honorary Lifetime Awards: Errol Grant, Patrice Stollmeyer, Margaret Bennet, Margaret Auerbach, Sara Mc Cartney. Thank you for all your hard work.

We had elections for the members of the executive board and the only post which changed was that of secretary, as Tessa Stollmeyer stepped down from the role. Many thanks to Tessa for all the hard work she has done for us as secretary over the years. They are large shoes to fill but I will try my best as I, Natalie Rapier was appointed as the new secretary. So the board stands with Chancy Moll as President, Duglas Watsun as Vice President, Niki Chatoor-Grainger as Dressage delegate, Anja Taylor as Show-Jumping delegate, Asha Bansee as Treasurer, Natalie Rapier as Secretary, Simone Hill as PR representative and Carol Ramsaroop was introduced as

the new TTEA accountant. Wish us luck.

It was noted that the FEI (Federation Equestre Internationale) Level One Coaching Course was a 2015 highlight, culminating with the successful qualification of 4 local coaches, Natalie Rapier, Sara Mc Cartney, Anja Taylor and Sandhya Moll. One Jumping and two Dressage FEI ESEE (Equestrian Sport Educative Event) courses were also hosted locally, and thanks went out to Goodwin Heights, Saddle Valley and San Antonio stables and all the demo riders for their co-operation in successfully hosting these events. Special mention was made of the successful introduction of the Mini League jumping competitions for younger riders. The TTEA is holding two dressage shows in June including the CEA (Caribbean Equestrian Association) Dressage Challenge, which will be on 26th June. In the future, we plan to have more Dressage competitions per year now that we can employ remote judging.

By: Natalie Rapier

# Audacity To Hope

HORSE OF THE MONTH



Audacity to Hope is a dark bay thoroughbred gelding, US bred by Straight Man out of Off The Bridle and he is currently 10 years old.

Audacity to Hope, or Audi as he is affectionately called, is an exceedingly talented ex-race horse. Jorge Verswyvel called him the best jumper in Trinidad due to his form and aptitude for jumping, and he won 'most improved horse' in Trinidad in 2015. He competes up to 1.10 meters, consistently sporting ribbons, and is currently being trained at 1.20 m, showing unwavering determination and no fear of spooky jumps as he is an honest jumper.

Audi has also shown talent in dressage and is now preforming at the Elementary level. He learns and masters dressage moves quickly, and dressage judges especially like his natural impulsion. From his owner's perspective, Adelle Stollmeyer, "I truly feel he tries his best to do exactly what the rider wants of him. Audi is quite a happy camper in the stable and he needs a loving owner to take care of him, as well as someone who would appreciate his potential in the saddle."

His current owner Adelle Stollmeyer, will be heading abroad to continue her studies. Which, luckily for you, means he's for sale! Contact Adelle at adellestolly@gmail.com



PRESSAGE IN TRINIDAD: NIKKI CHATOOR-GRAINGER
FEI: The first FEI Solidarity Equestrian Sport Educative
Event (ESEE) for Dressage was hosted by the TTEA in
December 2015 at Goodwin Heights Stables. During
the four-day course, participants were taught by two
experts appointed by the FEI: Mercedes Campdera FEI
4\* Judge (MEX), and Manuel Montero FEI Level 2 Coach
(CHI). Taking part in the Dressage Judges' Training

with Ms Campdera were Patrice Stollmeyer, Nikki

Chatoor, Sara McCartney, Rebecca Mazely and Muffie

Natalie Rapier, Sandhya Moll, Anja Taylor, Errol Grant

Auerbach, The Coaches' Training participants were

and invited from Bermuda, Angela Halloran.

The second Dressage ESEE took place in February 2016 at San Antonio Stables, where the participants reviewed the first part of the course from December, and began to build further on their skills under the guidance of our experienced tutors.

The TTEA hopes to continue these events in the future as we have very willing participants and tutors, though the riding community has dwindled over the last few years and we are lacking demonstration riders. We are in discussion with the FEI to find ways to tailor the

future courses to the current needs of equestrian sport in the country.

Shows and Clinics: In March and May of 2016, the TTEA hosted two Dressage clinics with Roberta Foster (BAR) and Camilla Fritze (USA) respectively. Both clinicians had very positive things to say about our riders and horses and were enjoyed by all participants. We are very eager to have them back in Trinidad again to continue our training.

On June 11th and 12th, the TTEA helped to host a warm-up competition between the member stables in preparation for the CEA Dressage Challenge on the 26th June. This show will be judged by Ms Jeanne McDonald (FEI 3\* Judge, USA), and a clinic will be offered to all CEA riders on Monday 27th June.

## RIDING FOR THE DEAF

### **SAN ANTONIO STABLES - Sandhya Moll**

As a coach it is a wonderful experience working with these students. The best part is the understanding between the horse and the children. For some of them it's more about the therapy, the grooming and stretching and most importantly the bonding. It is almost as if pals are meeting up every week. The rest of them are ready to roll. They are learning as fast as anyone else. They are more than capable of being great riders. I look forward to continuing this program at San Antonio Stables. As of June 2016, the SAS helpers are, Sandhya Moll, Alicia Eifill and Kahlil Aqui.

### SADDLE VALLEY STABLES - Anja Taylor, Kemlyn Gower-Allum, Natalie Rapier

We host a small group of students for the School for the Deaf in Cascade. The first group that we worked with progressed very well and even rode in a horse show. Most of them were riding with very little assistance in walk and trot. The new group of students have not been riding as often as the previous group did but they are progressing well. So far at SVS one student is rise trotting and trotting over poles on the ground. Another was very hesitant and shed a lot of tears for the first few weeks to touch a horse but she is now more willing to touch and lead the horse, she will even put on a helmet now. This is a big improvement for her and we are working on gaining her trust at this time and she is getting more comfortable with the idea and even sat on Rocky for a brief moment. The children are all developing in confidence from working with the horses and the program is hopefully going to grow to twice a week at both stable in the new term, if we can secure funding.



**Show Jumping In Trinidad: ANJA TAYLOR** 

The TTEA will be holding Super League 3 and adding a Mini League competition to be schedule on June 18th at San Antonio Stables. The first rider in the ring is due at 2:30pm.

The CEA Regional competition is due to be held on July 16th/17th. To have a team we need 2 riders in each of the following categories: 1 meter, 0.85 meters and 0.70 meters. We are working hard to fulfill these requirements and are hoping to be able to partake in this competition.

# EMBRACE THE MOMENT

### SAN ANTONIO STABLES

San Antonio Stables emerged onto the Trinidad landscape born out of love and passion of its owner and manager Sandhya Moll & her father Peter Moll. Sandhya has ridden consistently since she was 6 years old & it has always been her dream to have her own stables. This dream was realized in November 2014. Now, the child rider & national athlete has evolved into a Level 1 FEI certified coach. Trinidad's youngest certified coach. Thus far, San Antonio Stables boasts an international sized 65x45m arena & a 35x50m warm up arena, as well as trails & is in the process of a cross country course. Presently, there are 5 horses & 1 pony at the stable. Two coaches teach at San Antonio, Sandhya & miss Natalie Rapier who is also a Level 1 FEI certified coach & training in course design. The disciplines of dressage & show jumping are taught at the stable with the option of night riding & leisure riding.

By: Michelle Sabga Aboud





### Treasurer's Report - ASHA BANSHEE

I continue to track the monthly income and expenses and the financial year June 2015 - June 2016 will be submitted to the new accountant for auditing this month. The issues raised at the AGM will be addressed accordingly. I wish to point out that the ESEE courses were all new and a learning process for all of us. As a team, we will certainly work towards ensuring the satisfaction of all stakeholders. I wish to take this opportunity to remind everyone again to document your payments with as much detail as possible when submitting payments to your various stable liaisons for the TTEA. I wish to also remind persons submitting bills for reimbursement that only original invoices will be accepted.



Sweet itch in horses, also known as pruritus, describes the unpleasant sensation that leads horses to bite, scratch or rub at their skin. Although poorly understood, pruritus is known to result from the stimulation of special nerve endings and receptors in the skin. In the horse, the three main factors inducing itchy skin are ectoparasites (such as biting insects), infections and allergies

One example is that a horse can carry a burden of parasites which cause damage to the skin, without showing any clinical signs. However, once the damaged skin becomes infected, this can push the horse beyond its pruritus threshold, causing it to rub or bite itself.

#### SIGNS OF SWEET ITCH

- Mild to severe itching and rubbing, usually along the mane, back and tail
- Bald patches
- Areas of sore, open, broken skin, which tend to bleed
- Itching along the legs and under the belly
- Investigation into the causes of pruritus should focus on the major trigger factors of parasites, infection and allergy, while remembering that it is common for more than one problem to be present
- Biting insects including lice, midges, black flies and horse flies can trigger cases of pruritus. The distribution of the sore areas, such as the classic rubbed mare and tail associated with sweet itch, help identify if parasites are responsible. Topical treatments can help soothe these horses, with fly avoidance playing a huge role in reducing clinical signs.

### **TREATMENT & PREVENTION**

- Once the cause has been located, a treatment regime can be prescribed using a combination of medicines to treat the various different causes of the condition.
   It is vital that the treatment combats the cause of the pruritus, and offers the horse relief from the itch.
- Steroids are often successfully used to combat the irritation, but unless they are accompanied by treatment for the underlying cause of the pruritus, a relapse weeks/months later is likely to be inevitable.
- Soothing emollient shampoos, solutions and sprays can be used to great effect. Cold water hosing and ice packs applied to the irritated areas can also lead to an improvement. Witch hazel is also recognized as having a non-specific cooling effect on itchy skin.
- Shampoos containing colloidal oatmeal and oils such as borage, tea tree, evening primrose and aloe vera can also have palliative effects. Sulphur is one of the oldest anti-pruritic products available and has positive benefits in relieving the itch.
- Antihistamines can cause drowsiness and should be used with caution, but they remain safer than steroids and can give reasonable relief. There are currently no antihistamines specifically licensed for use in the horse, so many of those used by vets are human

drugs.

### ITEMS FOR SALE

ANJA TAYLOR - tteashowjumpingchair@gmail.com

ANJA TATLOR - tteasilowjuliipiligeliail@giliail.com			
	Black leather double bridle	•	Furazone
	\$1,000	•	Tri care ointment
	Black brushing boots size	•	Vet wrap
	medium \$100	•	One Ac
	Black and white brushing	•	Apple a day
	boots size medium \$100	•	Bell boots
	White rope girth \$80	•	Gloves
	White show gloves size S \$30	•	Grab strap
	Black gloves size S \$15	•	Saddle soap bars
	IRH velvet riding hat size M	•	Saddle soap in a tin
	\$480	•	Passier leather balm
	Velvet cover for a riding hat	•	Wormers
	\$30	•	Shampoo
	2 Rain cover for riding hat	•	Conditioner
	\$20 each	•	Fly spray
	Leather tall boots \$1,500 size	•	Sheath cleaner
	6	•	Thrush buster
	2 Black Jods size 30R \$150	•	<b>Hoof flex hoof</b>
	each		conditioner
	Wintec wide (red) gullet \$150	•	Pure Glucosamine
	Polo wraps 4 hunter green	•	MTG
	\$60 - used	•	Animed flex GL
	White show gloves size s \$15		supplement
	- used		Riotin

Side reins

Black jods size 30r \$80 - used •

### TTEA SOCIAL MEDIA SITES

FACEBOOK - Trinidad and Tobago Equestrian assosciation

**INSTAGRAM** - tt.equestrian

WEBSITE - ttequestrian.org

